

SiCC & SLCC news

Somerset In-Care and Leaving Care Councils
<https://www.somersetincarecouncils.org.uk>



What's getting you through lockdown?

“Talking to people”

“Food”

“Friends / Staff”

“Disney Plus / Netflix”

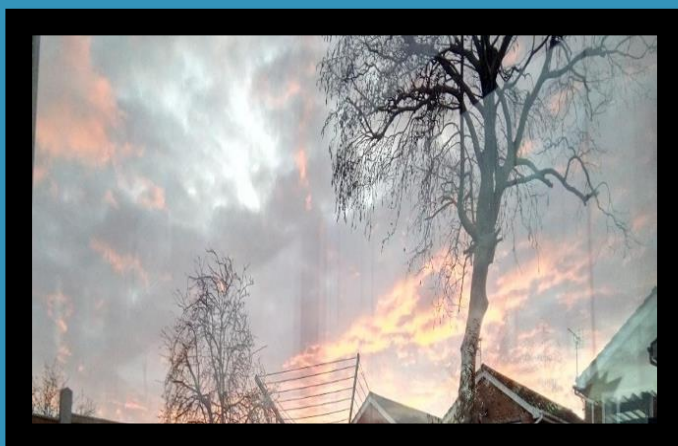
“Phone”

“Sleeping”



PHOTO OF
THE MONTH

‘Sunset Vibes’



Want a KICKSTART?



The Kickstart Scheme is a 6-month paid job with a local employer, funded by the Government, enabling young people to gain experience of working. Jobs from the Kickstart Scheme are open to 16-24-year olds, who are claiming Universal Credit, and are at risk of long term unemployment. If you have a work coach, they will talk to you about the Kickstart Scheme and whether it's right for you. Ask your Work Coach or Leaving Care Worker about these opportunities and look on the [Apprenticeships website](#).

Did you know you can find more info about traineeships and jobs on our website in the ‘Learning and Work’

section? 👍 [Learning and Work – Somerset In Care and Leaving Care Councils](#)

Positive Activities and why they are so important #1 - HOCKEY

What got you into hockey? “My cousin - I used to watch him play”.

Do your teammates help you? “Most of the time they do, like in training I missed an open goal and a couple of them came up and gave me good feedback and explained how I could do better”.

Can you talk to your teammates if you were worried about something or need advice? “They helped me a lot over the years like they helped me through a time that I found really hard and they gave me good advice and backed me up”.

What other things do you get out of it e.g. fitness, confidence? “Losing weight and it makes you strong and relieves stress. And you can make new friends”.



What have S&S been doing recently?

- Attending bi-monthly virtual meetings
- Contributing to a Social Worker Training Session for Yeovil College, including a film based on their views about ‘What makes a good social worker’
- Giving their views to commissioners about the HAF (Holiday Activities and Food) project
- Attending Corporate Parenting Board
- Finishing a film for Route 1 to promote the service
- Suggesting new names for the Placement Team
- Reviewing the processes of the 16+ accommodation panel
- Working on our priorities
- Starting to talk about the Annual Achievement Awards
- Thinking about how transitions are managed and what makes a difference

WHO ARE SICC & SLCC?

If you are a Child Looked After or Care Leaver in Somerset, you are automatically a member of SiCC & SLCC. The group consists of young people aged 10-20 and exists to ensure that care-experienced young people have an outlet for their voice. Whether it’s doing a survey, creating a film, interviewing new staff, attending virtual meetings or being connected through email or social media, you can be involved and help to improve the way services are shaped in the future.

We have a [short film](#)

If you would like to take part, text Alison on 07585983356 or email apennells@somerset.gov.uk