



SiCC & SLCC news



Somerset In-Care and Leaving Care Councils
www.somersetincarecouncils.org.uk



What are SiCC & SLCC members' favourite things about Christmas?

1. Christmas dinner / food and eating
2. Christmas movies – the most popular are The Polar Express, The Grinch, The Muppet Christmas Carol and Elf
3. Presents / shopping



Favourite Christmas Songs Top 3

**Fairy-tale of New York -
The Pogues and Kirsty
McColl**

**All I Want for
Christmas is You -
Mariah Carey**

**Driving Home for
Christmas - Chris Rea**



Taste of Christmas



Gingerbread

350g plain flour
 1 teaspoon bicarbonate of soda
 2 teaspoons ground ginger
 1 teaspoon ground cinnamon
 125g softened butter
 175g light soft brown sugar
 1 egg
 4 tablespoons golden syrup
 Writing icing and cake decorations

Sift together the flour, bicarb, ginger, cinnamon. Add the butter and mix until looks like breadcrumbs. Add the sugar then the egg and syrup so the mixture clumps together. Roll out the dough to half a cm thick and cut out shapes. Placing on greaseproof paper on a baking tray. Bake for 12 – 15 minutes at 180C. When cooled, ice and decorate.

*All ideas and photos
from members of S&S
- Thank you!!*

CONNECT THIS CHRISTMAS

IF YOU KNOW SOMEONE WHO MIGHT BE FEELING ALONE ON CHRISTMAS, REACH OUT... MESSAGE OR GIVE THEM A CALL.

LET'S BE MORE TOGETHER...

**Watch this video*



Would you like to get involved in SiCC & SLCC?

WHO ARE SiCC & SLCC?

If you are a Child Looked After or Care Leaver in Somerset, you are automatically a member of SiCC & SLCC. The group consists of young people aged 10-20 and exists to ensure that care-experienced young people have an outlet for their voice. Whether it's doing a survey, creating a film, interviewing new staff, attending virtual meetings or being connected through email or social media, you can be involved and help to improve the way services are shaped in the future.

If you would like to know more, text Alison on 07585983356 or email apennells@somerset.gov.uk



Support this Christmas

The Coronavirus Helpline

Call **0300 790 6275** for help with food, prescriptions, housing, financial support, employment, emotional support, transport, waste and more.

Village Agents

CCS Village Agents can provide confidential, practical, community-based solutions for food and other support. Visit somersetagents.org

Carers

If you are a carer of any age in need of support you can phone CCS on **0800 3168 600**

Mindline

Anyone with concerns around mental health issues and emotional wellbeing can be supported by calling Mindline on **01823 276 892**

Support for Families

Schools and Colleges will receive £30 funding for every child who qualifies for free school meals, which will provide £15 per week of support over the Christmas holidays.

Schools will also be allocated a fund to support other families in need of help.

Early years

Visit healthystart.nhs.uk for help for under 4s

Over 16s

Families with children over 16 not in Education, Employment or Training can access food support by emailing somersetworks@somerset.gov.uk



Somerset's Local Authorities

Coronavirus support helpline Available 8am to 6pm, seven days a week

0300 790 6275

A single number is now available for anyone in Somerset who needs Coronavirus related support from Somerset's Local Authorities. Anyone who can't find help within their community can use the helpline to get help and advice



Wishing you all a very Happy Christmas and a wonderful new year! Thank you for all your support this year!

