

SiCC & SLCC news

Somerset In-Care and Leaving Care Councils
www.somersetincarecouncils.org.uk



Leaving Care and becoming independent

What are the most important things that a young person needs to know?

- "Managing bills etc"
- "Meals- making a meal and bulk cooking"
- "How to shop smartly, choosing cheaper brands & using different shops to buy different things"

Listening Works Support for Care Leavers

7 days a week
6pm - Midnight

- Telephone: 0808 802 0222
- Text message: 07860 065 169
- Live web chat:

www.family-action.org.uk/listening-works/

Let's chat



family action
Building stronger families

Dessert Time



Vanilla & Blackberry Cheesecake

Ingredients:

150g Digestive biscuits

75g melted butter

A large handful of blackberries

250g tub mascarpone cheese

25g caster sugar

1 tsp vanilla extract

Press a biscuit crumb/butter mixture into a greased dish

Chill for 30 minutes

Whizz the blackberries in a food processor and strain to remove seeds if preferred

Mix cheese, sugar and vanilla in a bowl.

Stir the blackberries in to create a swirl and spoon the mixture on top of the base. Smooth over and chill in the fridge

Thank you to S&S members for all their contributions!

UPDATE: ONE MEMBER OF SLCC

TALKED EARLIER THIS YEAR ABOUT THE DIFFICULTIES IN SORTING OUT COUNCIL TAX EXEMPTION...

THERE'S BEEN A LOT OF WORK GOING ON TO SMOOTH OUT THE PROBLEMS AND THE BOTTOM LINE IS:

- **All care leavers, no matter what their circumstances are exempt from paying council tax up to the age of 25 even if living out of county**

Would you like to get involved in SiCC & SLCC?.....

WHO ARE SiCC & SLCC?

If you are a Child Looked After or Care Leaver in Somerset, you are automatically a member of SiCC & SLCC. The group consists of young people aged 10-20 and exists to ensure that care-experienced young people have an outlet for their voice. Whether it's doing a survey, creating a film, interviewing new staff, attending virtual meetings or being connected through email or social media, you can be involved and help to improve the way services are shaped in the future.

If you would like to know more, text Alison on 07585983356 or email apennells@somerset.gov.uk

How inspiring...

One of our members recently had 6 inches cut off her hair to donate to The Little Princess Trust - a charity that provides wigs for children and funds cancer research. To date, she has raised a total of **£1570** for the charity. Amazing!



What have S&S done this month?

- Had a walk with dogs – idea suggested by a S&S member
- Education Training & Employment for Young people – What works? What are the barriers? Joint meeting with CSC, P2i providers and the Post-16 team
- Preventing Youth Homelessness – event run by Children's Commissioning
- Interview panels: for 3 roles in Children's Services