

# A Guide for Children and Young People

## Somerset Family Group Conference Service



### *Bringing families together*

#### What is a Family Group Conference?

A Family Group Conference offers family members a chance to get together to make a family plan.

#### Contact us:

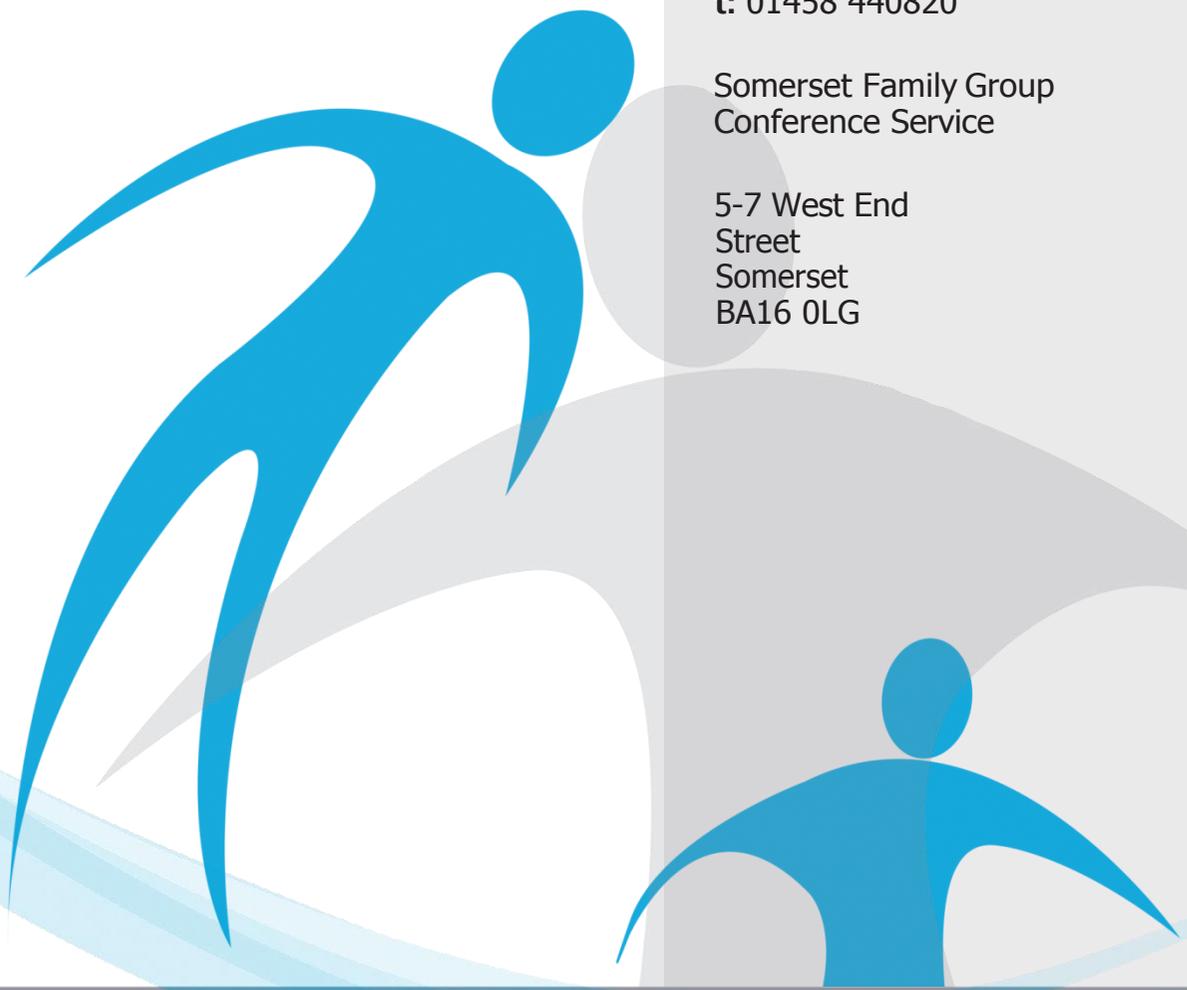
Family Group Conference Service

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Somerset Family Group  
Conference Service

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#### What happens if I don't want to go?

That's your choice and no-one will make you. The co-ordinator will work with you to how you want your views shared with your family and the social worker.

## Why am I having a Family Group Conference?

This is an opportunity for all your family to come together, to talk about any problems going on that your social worker is worried about and what can be done to make things better.

## How will I be involved?

This is your family meeting. You will have someone working with you called an advocate. Their role is to help present your feelings and wishes about what is going on.

The co-ordinator will meet with you and talk about how the meeting will go and answer any question you may have. You will also be asked about what food and drink you would like there.

## What happens in the meeting?

# The meeting is in 3 parts:

### 1- Information Sharing

This is where your social worker and anyone else working with the family eg. School, will talk about what is going on, what is working well and what the worries are.

### 2- Private Family Time

This is your family time, where all the professional leave. The family then comes up with a family plan to answer the questions set by your social worker.

### 3- Action Planning

Everyone comes back together and the family plan is shared with your social worker. The co-ordinator will take the plan away and everyone including you will get a copy to what was agreed to and who will be doing what and when.

## What do I do if my family don't get on?

It will be the role of the co-ordinator to make sure everyone knows why they are at the meeting and what to talk about.

There will be groundrules. The co-ordinator will do their best to make sure people don't shout or lose their temper. If people need to take some time out to cool off, then they can. You can take a break at any time, there will be another room to go to.

## Who organises it?

Your social worker will talk to you and your family about this. If everyone thinks it is a good idea, the social worker will speak to the Family Group Conference Service.